

CRUATHLON: A fun format for successful continuing education

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(1) CH Emile Roux, Le Puy en Velay, France ; (2) CH Montluçon Nérès les Bains, Montluçon, France ; (3) CH Moulin-Yzeure, France (4) CHU Clermont-Ferrand, France ; (5) Centre Jean-Perrin, Clermont-Ferrand, France ; (6) Hôpital privé Saint-François, Montluçon, France ; (7) CH Thiers, France ; (8) CH Vichy, France ; (9) Pôle Santé République ELSAN, Clermont-Ferrand, France ; (10) CH Henri Mondor, Aurillac, France ; (11) CH Ambert, France ; (12) CH Roanne, France

Background:

GCP: Preparations must be made by competent and qualified individuals

Need ongoing training tailored to the tasks performed

CRUATHLON annual (= interactive competition) organized by Auvergne's institutions

Objective: Create a game for the continuing education and identify areas requiring further development

Matérials & methods:

1- Survey: gather feedback from hospital pharmacy technicians (HPT)

2- Game selection

3-Game's rules and conditions

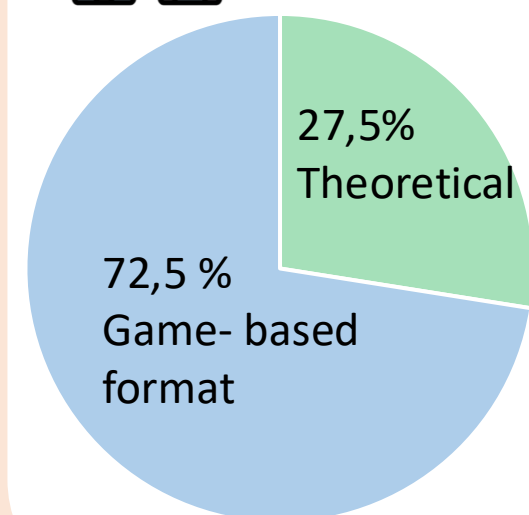
4- Pharmacists validating questions (and answers)

5- Initial phase at each center + data collection

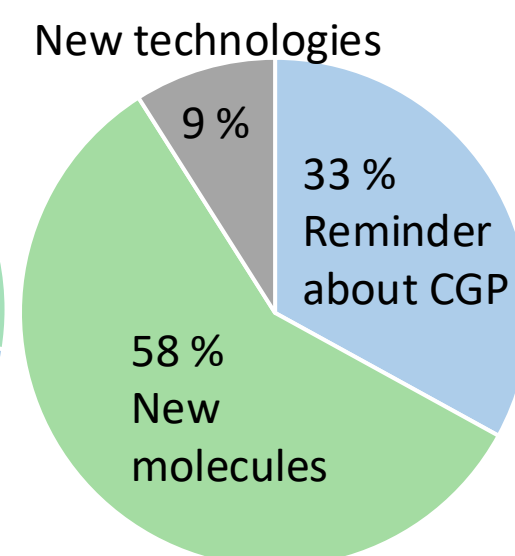
6- final phase: all the teams gathered together + feedback



HPT's survey feedback:
n = 40



Type of subject



Knowledge to cover

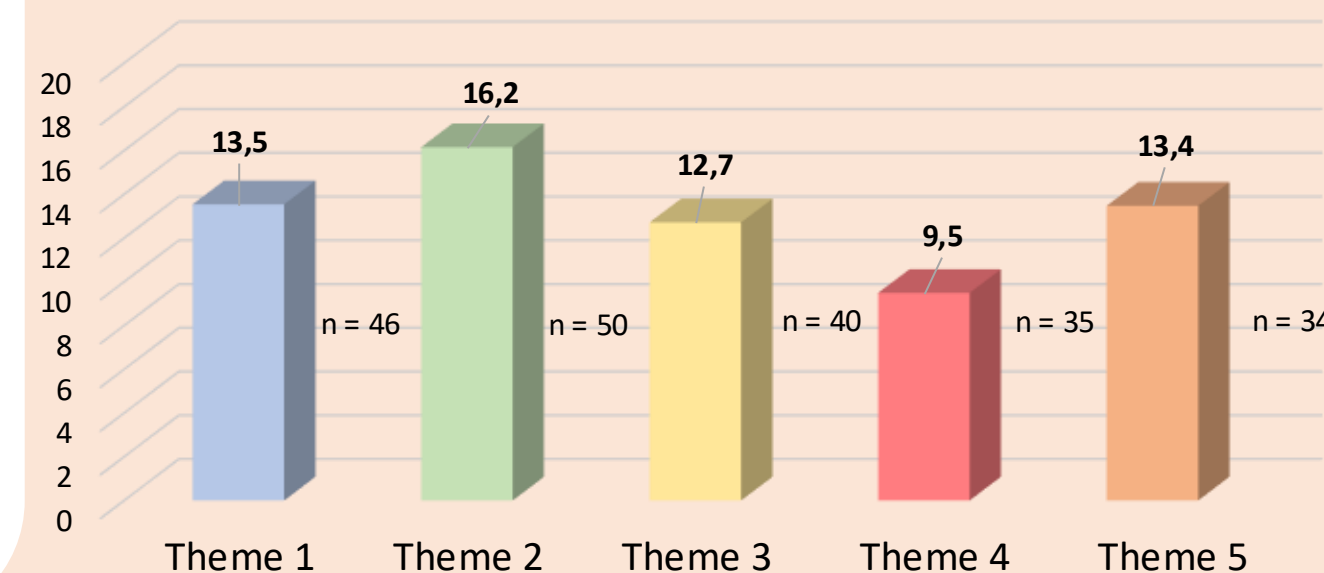
Card game « How would you rate yourself ? »

5 themes, 6 cards by theme
5 questions per card, in order of increasing difficulty (on scale from 1 to 5)

Thème 1: New molecules
Thème 2: Hygiene/sterility
Thème 3: Quality controls
Thème 4: New technologies
Thème 5: Good Compounding Practice (CGP)



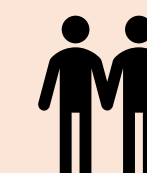
Average score across all centers by theme
Initiale phase



Results:



n_{centers} : 12



N_{pairs} : 41

Final phase :

- The top 3 teams
- Initial phase's theme
- Speed questions

Conclusion-Discussion :



Hygiene and sterility



New technologies → theme for upcoming training sessions ?

Entertaining and challenging = a good training tool
Need for pre- and post-assessments to evaluate the tool's effectiveness

Can be use for resident training and by other centers

