

# Subcutaneous administration of DARATUMUMAB (SD): what solution to reduce pain related to drug administration?

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## **CONTEXT**

Daratumumab subcutaneously (1800mg/15mL) is administered in a Day Care Unit (HDJ) for the treatment of multiple myeloma. A 97% decrease in injection time is observed thanks to switching from intravenous (IV) to SC administration which lasts about 5 minutes.

However, since the transition to the SC pathway, nurses describe **MusculoSkeletal Disorders (MSDs)** especially on the wrists.

#### **OBJECTIVES**

**Evaluation** of the use of a syringe pump (SP) for SC injection.



### **MATERIALS AND METHODS**

Development of a **comparative questionnaire** between manual injection and syringe pump injection for nurses to rate MSDs risks.

The rating is on 3 points (3/3 corresponds to very good).

Nom:									0 -
		Injection manuelle				Injection par pousse seringue			
Date:			-injection		•	111,000	non pan p	04350 501	gue
		0	1	2	3	0	1	2	3
Répétitivité des gestes									
Facilité d'installation/de branchement									
Facilité d'injection	Répétitivité des gestes								
	Effort manuel								i
	Posture contraignante								
	Surpression cutanée								
Confort patient									
	0: Mau	vais / 1 : .	Moyen / 2 :	Bon / 3 : 1	Très bon				
Commentaires		vais / 1 : .	Moyen / 2 :	Bon / 3 : :	Très bon				-



Evaluation of the **economic impact** of using a syringe pump by comparing the costs of the necessary MDS.

## RESULTS

- 6 nurses compared the two methods and are satisfied with the use of syringe pumps because of the comfort for the patient and for themselves (3/3).
   No difference exists in terms of ease of connection of the syringe and
- repetitiveness of gestures.

  An effort and a constraining posture of nurses are observed with manual injection (0/3) while syringe pump requires none (3/3).
  - ☐ A strong painful cutaneous overpressure is notified with manual injection (1/3) while it's lighter with the syringe pump (2/3).
  - The DMS cost of the SC injection via a a syringe pump is negligible (1.73 € VS 1.05 € manually, or. an additional cost of €0.72 per syringe). This requires an extender, a peripheral short venous catheter and a catheter dressing.
    - Regarding the extender,



- The nurse want a long extender for the comfort of laying.
- The pharmacist recommends a short extender to minimize the dead volume.
- The compromise is a 25cm extender with a dead volume of 0.2mL, or 1.3%.
   of the total volume to be injected.
- ☐ The extender is retained following an evaluation phase and a learning time for the installation of the syringe pump.

### **CONCLUSION**

- ☐ A better fluidity in the organization of HDJ has been observed since the development of the SC form: this considerably reduces the time of presence of patients.
- ☐ A syringe pump is a real solution to limit pain in nurse.



**Project to extend** the use of syringe pump for other SC-injected antibodies to be administered in more than 5 minutes.